NW SOCIETY OF COLON & RECTAL SURGEONS

2022 Annual Meeting Program

### July 20-23, 2022 (Sun Valley Resort, Sun Valley, Idaho)

Agenda

# Wednesday, July 20, 2022

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| 9:00 - 3:00 PM | Hands-On Robotic Symposium  (Sponsored by Intuitive Surgical) | Continental/Inn Board Room |
| 3:00 - 6:00 PM | Registration | Promenade |
| 3:00 - 8:00 PM | Exhibit Set-Up | Continental |
| 4:00 - 6:00 PM | Board Meeting | Inn Board Room |
| 6:00 - 9:00 PM | Welcome Reception | Trail Creek Grounds |

# Thursday, July 21, 2022

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| 7:30 - 12:30 PM | Registration | Promenade |
| 7:30 - 12:30 PM | Exhibit Displays | Continental |
| 7:30 - 9:00 AM | Breakfast | Continental |
| 8:00 - 12:30 PM | General Session | Limelight B |
| 10:00 - 10:30 AM | Break/Visit Exhibits | Continental |
| 12:30 - 1:30 PM | Non-CME Symposium/Lunch  (Sponsored by Intuitive Surgical) | Limelight B |
| EVENING AT LEISURE | | |

# Friday, July 22, 2022

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| 7:00 - 12:30 PM | Registration | Promenade |
| 7:00 - 12:30 PM | Exhibit Displays | Continental |
| 7:00 - 8:30 AM | Breakfast | Continental |
| 7:30 - 12:30 PM | General Session | Limelight B |
| 9:15 - 9:45 AM | Break/Visit Exhibits | Continental |
| 12:30 - 1:30 PM | Non-CME Symposium/Lunch  (Sponsored by Medtronic) | Limelight B |
| AFTERNOON AT LEISURE | | |
| 6:00 - 7:00 PM | Kids Dinner & Activities | Inn Board Room |
| 6:00 - 7:00 PM | Reception | Continental |
| 7:00 - 9:30 PM | Annual Banquet | Limelight B |

# Saturday, July 23, 2022

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| 7:00 - 12:00 PM | Registration | Promenade |
| 7:00 - 12:00 PM | Exhibit Displays | Continental |
| 7:00 - 8:30 AM | Breakfast | Continental |
| 7:30 - 8:15 AM | Business Meeting (Members Only) | Limelight B |
| 8:15 - 12:00 PM | General Session | Limelight B |
| 9:45 - 10:15 AM | Break/Visit Exhibits | Continental |
| 12:00 PM | Adjourn |  |

Program Schedule

# Thursday, July 21, 2022

8:00 am **Welcome/Opening Remarks**

Amir Bastawrous, MD - President

Samantha Quade, MD - Program Chair

8:30 am **ABSTRACT SESSION I: OUTCOMES / PRE-OPERATIVE CONSIDERATIONS**

Moderators: Anjali Kumar, MD and Sara Worden, MD

1. **PERIOPERATIVE MANAGEMENT OF THE COLORECTAL PATIENT**

David E. Beck, MD, Vanderbilt University

1. **RESULTS AND LESSONS LEARNED FROM TWO HOME-BASED PREHABILITATION PROGRAMS**

Cintia Kimura, Serena Bidwell, Megan Cvitanovic, Margaret Folk-Tolbert, Alison Kramer, Kreeti Shankar, Elizabeth Shelton, Andrew Shelton, Cindy Kin

Stanford University School of Medicine

1. **AMBULATORY COLECTOMY: A PATHWAY FOR ADVANCING THE ENHANCED RECOVERY PROTOCOL**

Karleigh R. Curfman, MD, Ashwini S. Poola, MD, Gabrielle E. Blair, Callan L. Kosnik, PA-C, Melinda E. Hawkins, MD, Laila Rashidi, MD, MultiCare Health Network

1. **SAME DAY DISCHARGE COLON SURGERY: IS IT FINANCIALLY WORTH IT?**

Karleigh R. Curfman, MD, Gabrielle E. Blair, MS, Michael E. Parsons, MD, Christopher C. Neighorn, Laila Rashidi, MD, MultiCare Health Network

1. **FUNCTIONAL OUTCOMES AND PATIENT SATISFACTION AFTER RECTAL PROLAPSE REPAIR**

Charlotte M. Rajasingh, Nicolas Barreto, Madison, McCarthy, Leila Neshatian, Brooke H. Gurland, Stanford University School of Medicine

1. **MOTION METRICS DURING COLONOSCOPIES AT THE POINT OF CARE**

Kenneth Perrone, MD, Brett Wise, BS, Su Yang, BS, Calvin Perumalla, PhD, Cassidi Goll, BA, Carla Pugh, MD PhD, and Cindy Kin, MD, Stanford University

1. **THE PATIENT PERSPECTIVE OF AMBULATORY COLECTOMY: ONE HUNDRED PATIENTS SURVEYED ON THEIR EXPERIENCE FOLLOWING COLON SURGERY**

Karleigh R. Curfman, MD, Gabrielle E. Blair, Sunshine A. Pille, PA-C, Callan L. Kosnik, PA-C, Laila Rashidi, MD, MultiCare Health Network

10:00 am Break/Visit Exhibits

10:30 am **EUGENE SULLIVAN MEMORIAL LECTURE**

**SACRAL NEUROMODULATION: A COLLABORATIVE APPROACH TO THE MANAGEMENT OF FECAL AND URINARY INCONTINENCE**

Traci P. Beck, MD

Director of Female Pelvic Medicine and Reconstructive Surgery at Cook County Health, Chicago, IL

11:15 am **ABSTRACT SESSION II: NEOPLASIA/CANCER**

Moderators: Melinda Hawkins, MD and Johnny Green, MD

1. **LUNCH WITH NORM**

David R. Welling MD FACS and Eric Elster MD FACS

Uniformed Services University of the Health Sciences

1. **ANAL CANCER: A SHIFT IN THE TIDES?**

Christopher Taylor MD, Joseph Melvin MD, Abby Crume DO, Garrett Shackleton MD, Michelle Murday MD, Utah Healthcare Institute/St. Mark's Hospital

1. **PREDICTIVE VALUE OF CLINICAL COMPLETE RESPONSE AFTER CHEMORADIATION FOR RECTAL CANCER**

Charles Liu MD MS, Ana Carolina A. Boncompagni BA, Kenneth Perrone MD, Ank A. Agarwal BA, Dong G. Hur BA, Ivan Lopez BA, Vipul Sheth MD PhD, Arden M. Morris MD MPH

Stanford University School of Medicine

1. **COMPARISON OF COLORECTAL ANASTOMOTIC LEAK RATES BASED ON LOCATION OF ANASTOMOSIS**

Garrett Shackleton, MD; Michelle Murday, MD; Abby Crume, DO; Joseph Melvin, MD; Brendon Cornett, MPH; Christopher Taylor, MD

Utah Healthcare Institute/St. Mark's Hospital

1. **SAME DAY DISCHARGE IN COLORECTAL SURGERY: WHO REQUIRES UNPLANNED OVERNIGHT MONITORING?**

Torbjorg Holtestaul, MD, Karleigh Curfman, MD, Gabrielle Blair, MS, Callan Kosnik, PA-C, Sunshine Pille, PA-C, Laila Rashidi, MD, Grace Pak

Multicare Health System

1. **DISTANCE TO AMBULATORY ENDOSCOPY CENTERS AMPLIFIES RACIAL INEQUITIES IN COLORECTAL CANCER MORTALITY IN WASHINGTON STATE**

Ashley Edwards, Rachel Kudrna, Ofer Amram PhD, Anjali Kumar MD

Washington State University, Elson S. Floyd College of Medicine

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| 12:30 - 1:30 pm  Non-CME Symposium and Lunch  **“DIVERSITY, EQUITY, AND INCLUSION”**  Melissa Chang, MD  (Sponsored by Intuitive Surgical) |

# Friday, July 22, 2022

7:30 am **DISTINGUISHED** **GUEST SPEAKER**

**DIVERTICULITIS: DATA VS DOGMA**

Thomas E Read, MD, FACS, FASCRS

Cracchiolo Family Professor and Chief, Gastrointestinal Surgery

University of Florida College of Medicine, Gainesville, FL

8:15 am **CASE STUDIES AND DISCUSSANTS**

Moderator: H. Randy Bailey

Discussants: David Beck, MD, Richard Billingham, MD, and Brooke Gurland, MD

9:15 am Break/Visit Exhibits

9:45 am **THE NWSCRS ANNUAL LECTURESHIP ON MEDICAL ETHICS**

**HEALTHCARE DISPARITIES: HOW WE GOT HERE AND HOW WE GET OUT**

T. Salewa Oseni, MD FACS

Commonwealth Fund Fellow- Health Policy | Harvard University

Assistant Professor of Surgery

Harvard Medical School

10:45 am **RESIDENT ETHICS DEBATE: BIAS**

**TOPIC 1: IMPLICIT BIAS**

Moderator: Karleigh Curfman, MD

Pro: Felix Lee, MD

Con: Chris Taylor, MD

**TOPIC 2: EXPLICIT BIAS**

Moderator: Jill Clark, MD

Pro: Garrett Shackleton, MD

Con: Jessica Gowing, MD/Stephanie Carr, MD

11:30 am **ABSTRACT SESSION III: BENIGN DISEASE**

Moderators: Ravi Moonka, MD and Laila Rashidi, MD

1. **READABILITY OF AMERICAN SOCIETY OF COLORECTAL SURGEONS PATIENT EDUCATION MATERIAL**

Vitas Wagner, MD PhD; Shalini Kanneganti, MD, FACS

Virginia Mason Franciscan Health Saint Joseph Medical Center

1. **USE OF TELEHEALTH/VIRTUAL OFFICE VISITS (VOV) TO IMPROVE ACCESS TO COLORECTAL (CR) OUTPATIENT PROCEDURES IN SOUTHEAST WASHINGTON**

Shi Min Tan, Jessica Wang, Timothy Blanscett DNP, Luay Ailabouni MD, Anjali Kumar MD

Kadlec Regional Medical Center & Washington State University | Elson S. Floyd College of Medicine

1. **VISUAL ABSTRACTS & AUDIO PODCASTS: A PILOT EFFORT IN ASYNCHRONOUS JOURNAL CLUB (JC) CREATION AND DELIVERY FOR CONSUMPTION BY REGIONAL COLORECTAL (CR) PROVIDERS**

Taylor Brown, Maeve Alterio, Shyla Carr, Alisha Nguyen, Julia Todderud, Marta Lavery MD, and Anjali Kumar MD

Washington State University | Elson S. Floyd College of Medicine; Swedish Medical Center Colon and Rectal Surgery

1. **IDENTIFYING AND MITIGATING BIAS IN MEDICAL DECISION-MAKING, SPECIFICALLY THE PROCESS OF INFORMED CONSENT**

Jill Clark, MD, FACS, FASCRS

Overlake Medical Center and Clinics

1. **EFFICACY OF CHEMODENERVATION COMPARED TO LATERAL INTERNAL SPHINCTEROTOMY FOR TREATMENT OF ANAL FISSURES**

Stephanie Carr DO, John Griffin MD, James M. Scanlan PhD, Ruben Lesnick MD

Swedish Medical Center

1. **A SINGLE-INSTITUTION UPDATE STUDY ON THE MODIFIED LIGATION OF INTERSPHINCTERIC FISTULA TRACT (M-LIFT) PROCEDURE FOR FISTULA IN ANO**

Yongjin F Lee, James M Scanlan, Ulrik G Wallin, John A Griffin, Amir L Bastawrous

Swedish Colon and Rectal Clinic

1. **PELVIC FLOOR PHYSICAL THERAPY AS AN ADJUNCT TO RECTOCELE REPAIR**

Molly Weinbender, DPT, WCS

MovementX

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| 12:30 - 1:30 pm  Non-CME Symposium and Lunch  **“IMPROVING CARE & OUTREACH TO UNDERSERVED PATIENTS IN COLORECTAL PROGRAMS”**  Austin L. Chiang, MD MPH  Chief Medical Officer, Medtronic Gastrointestinal Division  (Sponsored by Medtronic) |

AFTERNOON AT LEISURE

6:00 pm Kids Dinner and Activities

6:00 pm **RECEPTION**

7:00 pm **ANNUAL BANQUET**

Guest Speaker: **HEALTH EQUITY STRATEGY; INCREASING DIVERSITY AMONG CLINICIANS**

Nwando Anyaoku, MD, MPH, MBA

VP, Chief Health Equity Officer

Providence - Puget Sound Region

# Saturday, July 23, 2022

7:30 am **BUSINESS MEETING** (Members Only)

8:15 am **ABSTRACT SESSION IV: MISC**

Moderator: Guy Orangio, MD and Nyle Hendrickson, MD

1. **ANTIDOTE TO THE DISRUPTIVE SURGEON**

Johnny Green, MD

Retired Surgeon

1. **TRAUMATIC ANAL SPHINCTER AND RECTOVAGINAL SEPTUM LACERATION: A CASE REPORT**

Gowing JM, Kratz RJ, Erhart BA, Griffin JA

Swedish Medical Center

1. **PERSPECTIVES ON STANDARDIZED LETTERS OF RECOMMENDATIONS TO SUPPORT CANDIDATES APPLYING TO COLORECTAL SURGERY (CRS) RESIDENCY PROGRAMS: CAN A STEP TOWARDS HOLISTIC REVIEW IMPROVE DIVERSITY, EQUITY AND INCLUSION (DEI) GOALS?**

Alisha L. Nguyen, Clare Zipf-Sigler, Amber Huang MD, Ryan De Leon MD, Elizabeth Littleton PhD, Anjali Kumar MD

Washington State University | Elson S. Floyd College of Medicine

1. **ROBOTIC VERSUS LAPAROSCOPIC LEFT COLECTOMIES: A PARADIGM OF DISPARITY**

Ravi Moonka MD

Virginia Mason Franciscan Health

1. **REDUCING THE COST OF ROBOTIC COLORECTAL SURGERY: A COST ANALYSIS REPORT**

Amit K Agarwal, MD, Clay M Merritt, DO, Erik Askenasy, MD, H Randolph Bailey, MD

The University of Texas/McGovern Medical School

1. **ROBOTIC COLORECTAL SURGERY IN THE EMERGENT SETTING: IS IT SAFE? A REVIEW OF LARGE NATIONAL DATABASE**

­Karleigh R. Curfman, MD, Ian Jones MD, Christopher Neighorn, Laila Rashidi MD

MultiCare Health Network

1. **INTRALUMINAL INTRACORPOREAL END COLOSTOMY TAKE-DOWN (ILICET) PROCEDURE**

Karleigh R. Curfman, MD, Laila Rashidi, MD

MultiCare Health Network

9:45 am Break/Visit Exhibits

10:15 am **EINSTEIN, THOUGHT EXPERIMENTS, AND STANDARD OF CARE**

Thomas E Read, MD, FACS, FASCRS

Cracchiolo Family Professor and Chief, Gastrointestinal Surgery

University of Florida College of Medicine, Gainesville, FL

11:15 am **RESIDENT AWARDS PRESENTATION**

Amir Bastawrous, MD and Samantha Quade, MD

12:00 pm Adjourn