



# Northwest Society of Colon & Rectal Surgeons

**51st ANNUAL MEETING**

Seascape Beach Resort

Aptos, CA

**August 11—14, 2010**



Jointly Sponsored with  JOHN MUIR  
HEALTH

## CME ACCREDITATION

### **Program Overview/Statement of Need**

There has been great interest from the public and medical community in the management of malignant and benign diseases of the colon and rectum. This program is based on state-of-the-art, evidence-based information on prevention, diagnosis, multi-modality treatment and follow-up of patients with colorectal diseases. John Muir Health, named one of the "Best Hospitals" in digestive diseases by US News, is at the forefront of technology and programmatic management of these diseases. The Northwest Society of Colon and Rectal Surgeons is pleased to have developed this educational activity jointly with John Muir Medical Center.

### **Target Audience:**

Colorectal surgeons, general surgeons, gastroenterologists, surgery residents, and colorectal surgery fellows. Although this activity is designed primarily for physicians, enterostomal therapy nurses, surgical nurses, and medical office staff are invited.

### **Program Objectives:**

At the conclusion of this educational presentation, the participant will be able to:

- Describe the current medical and surgical management of colorectal cancer.
- Describe the current management of benign colorectal disease such as IBD and pelvic floor disorders.
- Discuss recent scientific discoveries in the field of colorectal surgery.

- Describe ethical issues in the care of colorectal surgery patients.
- Describe the indications and success rates of the various modalities available for the definitive treatment of various colorectal disorders.

\* **Accreditation Statement:** This activity has been planned and implemented in accordance with the Institute of Medical Quality and the California Medical Association's CME Accreditation Standards (IMQ/CMA) through Joint Sponsorship of John Muir Medical Center, Concord Campus and the Northwest Society of Colon and Rectal Surgeons. John Muir Medical Center, Concord Campus is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. John Muir Medical Center, Concord Campus takes responsibility for the content, quality and scientific integrity of this CME activity.

\* **Credit Designation Statement:** John Muir Medical Center, Concord Campus designates this educational activity for a maximum of **11 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

## **FACULTY**

### **DISTINGUISHED GUEST SPEAKER**

James W. Fleshman, Jr., MD  
Professor of Surgery, Washington University  
School of Medicine

### **PARVIZ KAMANGAR LECTURER**

Michael Adams, MD

### **EUGENE SULLIVAN MEMORIAL LECTURER**

Madhulika G. Varma, MD  
Associate Professor, Chief, Section of Colorectal  
Surgery, University of California, San Francisco

### **INVITED SPEAKERS**

H. Randolph Bailey, MD—Colon & Rectal  
Clinic, Houston

Nancy Baxter, MD—St. Michael's Hospital,  
Toronto

Karen Deveney, MD—OHSU

Ira J. Kodner, MD—Washington University  
School of Medicine

Walter Peters, MD—Columbia Surgical  
Associates

Rodney Pommier, MD—OHSU

Janice Rafferty, MD—University of Cincinnati

Thomas R. Russell, MD

Michael Stamos, MD—University of California,  
Irvine

Sharon Stein, MD—University Hospital, Case  
Medical Center

## **GOLF TOURNAMENT**

Thursday, August 12th  
1:00 pm Tee Time  
Seascape Golf Club  
\$63 per player includes green fees and cart

Players pay the Golf Club directly.

## **MONTEREY BAY AQUARIUM**

886 Cannery Row  
Monterey, CA 93940-1085  
Tel: (831) 648-4800

Bus transportation provided. Please be at the hotel lobby promptly 10 minutes before our 6:00 pm departure.

## **ACKNOWLEDGEMENTS**

We greatly appreciate the participation of the following exhibitors:

Agency for Medical Innovation  
Applied Medical  
Axcan Pharma  
B-K Medical  
Caris Diagnostics  
Cook Medical  
Covidien—Energy-Based Devices  
Covidien—Hernia/Mesh  
Covidien—Stapler  
Ethicon, Inc.  
Ethicon Endo-Surgery  
Genzyme Biosurgical  
GlaxoSmithKline  
Intuitive Surgical  
Lifecell  
Merck & Co, Inc.  
Olympus America  
Richard Wolf Medical Instruments  
Sanofi-Aventis  
Stryker Endoscopy  
WL Gore & Associates

Special thanks to the companies below for providing unrestricted educational grants:

Ethicon Endo-Surgery

### **Northwest Society of Colon & Rectal Surgeons**

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## PROGRAM SCHEDULE

**THURSDAY, AUGUST 12, 2010**

7:00 am **BREAKFAST SYMPOSIUM (non-CME)**

Walter Peters, MD

**"TEAM APPROACH TO LAPAROSCOPIC COLORECTAL SURGERY AND THE USE OF SURGICAL CHECKLISTS"**

*Sponsored by Ethicon Endo-Surgery*

8:00 am Call to Order

Samuel Oommen, MD—  
President  
Scott Steele, MD—Program  
Chairman  
Richard Coughlin, MD—Local  
Arrangements  
Mark Whiteford, MD—CME  
Coordinator

**SCIENTIFIC SESSION I - CANCER**

Moderator: Richard Billingham, MD  
(8:15 - 9:45 AM)

8:15 am **A TALE OF TWO CITIES:  
CONSERVATIVE VERSUS RADICAL  
TREATMENT FOR LOW-LYING RECTAL  
CANCER**  
Y Chiu, MD, San Francisco

8:30 am **LAPAROSCOPIC PROCTECTOMY  
FOLLOWING NEOADJUVANT  
THERAPY: SAFETY AND LONG-TERM  
FOLLOW UP**  
\*M Cone, MD, Portland

8:45 am **DISPARITIES IN TREATMENT AND  
SURVIVAL OF WHITE AND NATIVE  
AMERICAN PATIENTS WITH  
COLORECTAL CANCER: SEER  
ANALYSIS**  
S Szeja, Tucson

9:00 am **UTILIZATION OF LAPAROSCOPIC  
COLECTOMY IN THE UNITED STATES  
BEFORE AND AFTER THE CLINICAL  
OUTCOMES OF SURGICAL THERAPY  
(COST) STUDY GROUP TRIAL**  
\*JD Rea, MD, Portland

\* Denotes resident presenter

9:15 am **ANAL CANCER AND EFFORTS TO  
IMPLEMENT A PREVENTATIVE  
SCREENING PROTOCOL: A REVIEW  
OF THE LITERATURE**  
\*N Hendrickson, MD, Seattle

9:30 am **FOLLOW-UP OF PATIENTS WITH GI  
CARCINOID: AN EVIDENCE BASED  
APPROACH**  
\*R Yavrouian, MD, Pasadena

9:45 am **REFRESHMENTS & EXHIBITS**

**SCIENTIFIC SESSION II - BENIGN/  
TRAUMA/IBD**

Moderator: Mark Welton, MD  
(10:15 - 11:15 AM)

10:15 am **MANAGEMENT AND OUTCOMES  
OF TRAUMATIC COLON INJURY IN  
CIVILIAN AND MILITARY PATIENTS**  
\* C Sambasivan, MD, Portland

10:30 am **SPECIALIZED PRACTICE REDUCES  
INPATIENT COST, MORTALITY AND  
LENGTH OF STAY, IN THE CARE OF  
COLORECTAL PATIENTS**  
D Herzig, MD, Portland

10:45 am **WHEN COLORECTAL SURGERY  
GOES WELL: RISK FACTORS FOR  
RENAL FAILURE AND MYOCARDIAL  
INFARCTION**  
\*M Causey, MD, Tacoma

11:00 am **ENHANCED RECOVERY THROUGH  
OPIOID SPARING PAIN  
MANAGEMENT**  
\*T Isaacson, MD, Seattle

**11:15 am DISTINGUISHED GUEST  
LECTURE**

James W. Fleshman, Jr., MD

**"STRIVING FOR EXCELLENCE IN THE  
MANAGEMENT OF RECTAL CANCER"**

12:00 pm **LUNCH SYMPOSIUM (Non-  
CME)**

Janice Rafferty, MD

**"BIOLOGICAL MESH AND  
PARASTOMAL HERNIAS"**

*Sponsored by Lifecell*

**FRIDAY, AUGUST 13, 2010**

7:15 am **BREAKFAST SYMPOSIUM (Non-  
CME)**

H. Randolph Bailey, MD

**"POST-OP ILEUS"**

*Sponsored by GlaxoSmithKline*

**SCIENTIFIC SESSION III - ANORECTAL/  
PELVIC FLOOR**

Moderator: M. Shane McNevin, MD  
(8:00 - 9:15 AM)

8:00 am **EXPERIENCES WITH A NEW FISTULA  
PLUG FOR THE TREATMENT OF  
COMPLEX ANORECTAL FISTULAS**  
EJ McConnell, MD, Phoenix

8:15 am **HEALING RATES AFTER PLACEMENT  
OF THE ANAL FISTULA PLUG AT  
WALTER REED ARMY MEDICAL  
CENTER: ACASE SERIES AND  
REVIEW OF THE LITERATURE**  
J Nelson, MD, Washington

8:30 am **MODIFIED LIGATION OF  
INTERSPHINCTERIC FISTULA TRACT**  
\*M Egan, MD, Seattle

8:45 am **HEMORRHOID MANAGEMENT  
AFTER RADIATION THERAPY**  
\*M Egan, MD, Seattle

9:00 am **Z-PLASTY DECONSTRUCTION AND  
GLUTEAL CLEFT LIFT PROCEDURE  
FOR FAILED PILONIDAL SURGICAL  
WOUNDS**  
T Bascom, MD, Eugene

**9:15 am EUGENE SULLIVAN MEMORIAL  
LECTURE**

Madhulika Varma, MD

**"MOTIVATE, STIMULATE OR OPERATE?  
TREATING PELVIC FLOOR DISORDERS"**

10:00 am **REFRESHMENTS & EXHIBITS**

**SCIENTIFIC SESSION IV - OUTCOMES/  
TECHNIQUE**

Moderator: H. Randolph Bailey, MD  
(10:30 - 12:15 PM)

10:30 am **INCREASING INCIDENCE OF  
COLON AND RECTAL CANCER IN  
YOUNG PATIENTS IN LOS ANGELES  
COUNTY**  
\*R Menon, MD, Irvine

10:45 am **GENDER-SPECIFIC DIFFERENCES IN  
PELVIC ORGAN FUNCTION AFTER  
PROCTECTOMY FOR  
INFLAMMATORY BOWEL DISEASE**  
J Wang, MD, San Francisco

11:00 am **DEFINING MEASUREMENTS OF THE  
ILEOCOLIC AND INFERIOR  
MESENTERIC VESSELS BY  
CONTRAST-ENHANCED CT:  
IMPLICATIONS FOR VASCULAR  
PEDICLE LIGATION DURING  
COLECTOMY**  
\*JD Rea, MD, Portland

11:15 am **"EARLY" FOLEY CATHETER  
REMOVAL: IS IT SAFE?  
PRELIMINARY RESULTS OF A  
PROSPECTIVE TRIAL**  
\*C Kin, MD, Palo Alto

11:30 am **VIDEO SINGLE ABDOMINAL  
INCISION LAPAROSCOPIC  
COLORECTAL SURGERY: OUR  
INITIAL EXPERIENCE. APR CASE**  
TP Chung, MD, San Francisco

11:45 am **REVIEW OF LAPAROSCOPIC  
SIGMOID COLECTOMY WITH  
SUTURED RECTOPEXY**  
B McGuinness, MD, Walnut  
Creek

12:00 pm **ENHANCED RECOVERY—A NEW  
QUALITY STANDARD**  
D Larson, MD, Rochester

12:15 pm **INVITED LECTURER**  
Sharon Stein, MD

**"AFTERMATH OF THE HAITIAN  
EARTHQUAKE, FEBRUARY 2010"**

\* Denotes resident presenter