



Northwest Society of Colon & Rectal Surgeons

51st ANNUAL MEETING

Seascape Beach Resort

Aptos, CA

August 11—14, 2010



Jointly Sponsored with  JOHN MUIR
HEALTH

CME ACCREDITATION

Program Overview/Statement of Need

There has been great interest from the public and medical community in the management of malignant and benign diseases of the colon and rectum. This program is based on state-of-the-art, evidence-based information on prevention, diagnosis, multi-modality treatment and follow-up of patients with colorectal diseases. John Muir Health, named one of the "Best Hospitals" in digestive diseases by US News, is at the forefront of technology and programmatic management of these diseases. The Northwest Society of Colon and Rectal Surgeons is pleased to have developed this educational activity jointly with John Muir Medical Center.

Target Audience:

Colorectal surgeons, general surgeons, gastroenterologists, surgery residents, and colorectal surgery fellows. Although this activity is designed primarily for physicians, enterostomal therapy nurses, surgical nurses, and medical office staff are invited.

Program Objectives:

At the conclusion of this educational presentation, the participant will be able to:

- Describe the current medical and surgical management of colorectal cancer.
- Describe the current management of benign colorectal disease such as IBD and pelvic floor disorders.
- Discuss recent scientific discoveries in the field of colorectal surgery.

- Describe ethical issues in the care of colorectal surgery patients.
- Describe the indications and success rates of the various modalities available for the definitive treatment of various colorectal disorders.

* **Accreditation Statement:** This activity has been planned and implemented in accordance with the Institute of Medical Quality and the California Medical Association's CME Accreditation Standards (IMQ/CMA) through Joint Sponsorship of John Muir Medical Center, Concord Campus and the Northwest Society of Colon and Rectal Surgeons. John Muir Medical Center, Concord Campus is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. John Muir Medical Center, Concord Campus takes responsibility for the content, quality and scientific integrity of this CME activity.

* **Credit Designation Statement:** John Muir Medical Center, Concord Campus designates this educational activity for a maximum of 11.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

GOLF TOURNAMENT

Thursday, August 12th
1:00 pm Tee Time
Seascape Golf Club
\$63 per player includes green fees and cart

Please let Dr. Coughlin know if you are participating so he can reserve your spot. His email is dickrjc@gmail.com.

HOTEL RESERVATIONS

Seascape Beach Resort
One Seascape Resort Drive
Aptos, CA 95003
TEL: 800-929-7727
FAX: 831-662-0515
Website: <http://www.seascaperesort.com/>

**RESERVATION DEADLINE:
JULY 11, 2010**

We are able to offer the following room rates for single or double occupancy:

| ROOM TYPE | RATES |
|-------------------|--------------|
| Studio Suite | \$239 |
| One Bedroom Suite | \$257 |
| One Bedroom Villa | \$320 |
| Two Bedroom Villa | \$425 |

NOTE: There is a nightly resort fee of \$18 (\$25 for Two-bedroom villas) in lieu of gratuities for housekeeping, bell staff and on-property transport. In addition, the resort fee includes in-room high-speed Internet access as well as access and use of the Seascape Sports Club- a full service fitness center located one block east of the resort.

YOU MUST FAX YOUR COMPLETED RESERVATION FORM TO THE RESORT. DOWNLOAD THE FORM ON OUR WEBSITE
www.nwscrs.org

OPTIONAL ACTIVITIES

If you are looking for things to do around the Monterey Bay area, we will be posting additional information online soon.



Americans with Disabilities Act Statement
Please indicate if you have any need for auxiliary aids or special assistance services.

Northwest Society of Colon & Rectal Surgeons

PO Box 2459
Lynnwood, WA 98036
Tel: 425-953-4757
Fax: 206-319-4601
Email: scalentz@aol.com
Website: www.nwscrs.org

12:45 pm **LUNCH SYMPOSIUM (Non-CME)**

Michael Stamos, MD

“THE COMPLEX ANAL FISTULA TRENDS AND MANAGEMENT OVER TIME”

Sponsored by W.L. Gore

SATURDAY, AUGUST 14, 2010

7:30 am Breakfast/Business Meeting
(Members Only)

8:30 am **INVITED LECTURER**

Nancy Baxter, MD

“DO WE NEED A RECTAL CANCER SURGERY CHECKLIST TO STANDARDIZE CARE IN NORTH AMERICA”

9:15 am **INVITED LECTURER**

Rodney Pommier, MD

“CHANGING PARADIGMS IN THE MANAGEMENT OF GASTROINTESTINAL CARCINOIDS AND GIST”

10:00 am **REFRESHMENTS AND EXHIBITS**

PARVIZ KAMANGAR LECTURE

(10:30—1:00 pm)

10:30 am **INTRODUCTION**
Yanek Chiu, MD, San Francisco

10:35 am **DOES THE STRESS OF SURGERY REQUIRE MORE ETHICS?**
Ira Kodner, MD, St. Louis

11:00 am **PARVIZ KAMANGAR LECTURE**
Michael Adams, MD

“ANSEL ADAMS: A SON'S PERSPECTIVE”

11:45 am **THE AMERICAN COLLEGE OF SURGEON'S ROLE TO PROMOTE ETHICS**
Thomas R. Russell, MD

PANEL DISCUSSION
Moderator: Ira Kodner, MD

12:00 pm **ETHICS AND PROFESSIONALISM: A CRITICAL COMPONENT OF THE SURGICAL RESIDENCY CURRICULUM**
Karen Deveney, MD

12:15 pm **REFLECTION ON TEN YEARS AS THE AMERICAN COLLEGE OF SURGEONS EXECUTIVE DIRECTOR**
Thomas R. Russell, MD

12:30 pm Q&A

1:00 pm **ADJOURN**

ACKNOWLEDGEMENTS

We greatly appreciate the participation of the following exhibitors:

Agency for Medical Innovation
Applied Medical
B-K Medical
Caris Diagnostics
Covidien
Ethicon Endo-Surgery
Genzyme Biosurgical
GlaxoSmithKline
Intuitive Surgical
Lifecell
Merck & Co, Inc.
Myriad Genetics
Olympus America
WL Gore & Associates

Special thanks to the companies below for providing unrestricted educational grants:

Ethicon Endo-Surgery
Lifecell

SUMMARY OF EVENTS

WEDNESDAY, AUGUST 11, 2010

3:00—6:00 PM Registration

3:00—9:00 PM Exhibit Set-up

6:00—9:00 PM Welcome Reception

THURSDAY, AUGUST 12, 2010

7:00—8:00 AM Breakfast Symposium (non-CME): Walter Peters, MD

7:00—8:30 AM Breakfast & Exhibits

7:00—12:00 PM Registration

7:00—12:00 PM Exhibit Displays

8:00—12:00 PM Scientific Sessions

9:45—10:15 AM Refreshments/Exhibits

11:15—12:00 PM Distinguished Guest Speaker: James W. Fleshman, Jr., MD

12:00—1:00 PM Lunch Symposium (non-CME): Janice Rafferty, MD

1:00—2:30 PM Executive Board Meeting (by invitation only)

1:30—5:30 PM Golf (Seascape Beach Club)

EVENING AT LEISURE

FRIDAY, AUGUST 13, 2010

7:00—8:30 AM Breakfast & Exhibits

7:00—12:00 PM Registration

7:00—12:00 PM Exhibit Displays

7:15—8:00 AM Breakfast Symposium (non-CME): H. Randolph Bailey, MD

8:00—12:15 PM Scientific Sessions

9:15—10:00 AM Eugene Sullivan Memorial Lecturer: Madhulika Varma, MD

10:00—10:30 AM Refreshments/Exhibits

12:15—12:45 PM Invited Speaker: Sharon Stein, MD

12:45—1:45 PM Lunch Symposium (non-CME): Michael Stamos, MD

6:00—9:00 PM Annual Reception & Banquet (Monterey Aquarium)

SATURDAY, AUGUST 14, 2010

7:00—8:30 AM Breakfast & Exhibits

7:00—1:00 PM Registration

7:00—1:00 PM Exhibit Displays

7:30—8:30 AM Business Meeting (Members only)

8:30—9:15 AM Invited Speaker: Nancy Baxter, MD

9:15—10:00 AM Invited Speaker: Rodney Pommier, MD

10:00—10:30 AM Refreshments/Exhibits

10:30—1:00 PM Parviz Kamangar Lecture

1:00 PM **ADJOURN**

FACULTY

DISTINGUISHED GUEST SPEAKER

James W. Fleshman, Jr., MD
Professor of Surgery, Washington University School of Medicine

PARVIZ KAMANGAR LECTURER

Michael Adams, MD

EUGENE SULLIVAN MEMORIAL LECTURER

Madhulika G. Varma, MD
Associate Professor, Chief, Section of Colorectal Surgery, University of California, San Francisco

INVITED SPEAKERS

H. Randolph Bailey, MD—Colon & Rectal Clinic, Houston

Nancy Baxter, MD—St. Michael's Hospital, Toronto

Karen Deveney, MD—OHSU

Walter Peters, MD—Columbia Surgical Associates

Rodney Pommier, MD—OHSU

Janice Rafferty, MD—University of Cincinnati

Ira J. Kodner, MD—Washington University School of Medicine

Michael Stamos, MD—University of California, Irvine

Sharon Stein, MD—University Hospital, Case Medical Center

PROGRAM SCHEDULE

THURSDAY, AUGUST 12, 2010

7:00 am **BREAKFAST SYMPOSIUM (non-CME)**

Walter Peters, MD

"TEAM APPROACH TO LAPAROSCOPIC COLORECTAL SURGERY AND THE USE OF SURGICAL CHECKLISTS"

Sponsored by Ethicon Endo-Surgery

8:00 am Call to Order

Samuel Oommen, MD—
President
Scott Steele, MD—Program
Chairman
Richard Coughlin, MD—Local
Arrangements
Mark Whiteford, MD—CME
Coordinator

SCIENTIFIC SESSION I - CANCER

Moderator: Richard Billingham, MD
(8:15 - 9:45 AM)

8:15 am **A TALE OF TWO CITIES:
CONSERVATIVE VERSUS RADICAL
TREATMENT FOR LOW-LYING RECTAL
CANCER**
Y Chiu, MD, San Francisco

8:30 am **LAPAROSCOPIC PROCTECTOMY
FOLLOWING NEOADJUVANT
THERAPY: SAFETY AND LONG-TERM
FOLLOW UP**
*M Cone, MD, Portland

8:45 am **DISPARITIES IN TREATMENT AND
SURVIVAL OF WHITE AND NATIVE
AMERICAN PATIENTS WITH
COLORECTAL CANCER: SEER
ANALYSIS**
S Szeja, MD, Tucson

9:00 am **UTILIZATION OF LAPAROSCOPIC
COLECTOMY IN THE UNITED STATES
BEFORE AND AFTER THE CLINICAL
OUTCOMES OF SURGICAL THERAPY
(COST) STUDY GROUP TRIAL**
*JD Rea, MD, Portland

** Denotes resident presenter*

9:15 am **ANAL CANCER AND EFFORTS TO
IMPLEMENT A PREVENTATIVE
SCREENING PROTOCOL: A REVIEW
OF THE LITERATURE**
N Hendrickson, MD, Seattle

9:30 am **FOLLOW-UP OF PATIENTS WITH GI
CARCINOID: AN EVIDENCE BASED
APPROACH**
R Beart, MD, Pasadena

9:45 am **REFRESHMENTS & EXHIBITS**

**SCIENTIFIC SESSION II - BENIGN/
TRAUMA/IBD**

Moderator: Mark Welton, MD
(10:15 - 11:15 AM)

10:15 am **MANAGEMENT AND OUTCOMES
OF TRAUMATIC COLON INJURY IN
CIVILIAN AND MILITARY PATIENTS**
* C Sambasivan, MD, Portland

10:30 am **SPECIALIZED PRACTICE REDUCES
INPATIENT COST, MORTALITY AND
LENGTH OF STAY, IN THE CARE OF
COLORECTAL PATIENTS**
D Herzig, MD, Portland

10:45 am **WHEN COLORECTAL SURGERY
GOES WELL: RISK FACTORS FOR
RENAL FAILURE AND MYOCARDIAL
INFARCTION**
*M Causey, MD, Tacoma

11:00 am **ENHANCED RECOVERY THROUGH
OPIOID SPARING PAIN
MANAGEMENT**
T Isaacson, MD, Seattle

**11:15 am DISTINGUISHED GUEST
LECTURE**

James W. Fleshman, Jr., MD

**"STRIVING FOR EXCELLENCE IN THE
MANAGEMENT OF RECTAL CANCER"**

12:00 pm **LUNCH SYMPOSIUM (Non-
CME)**

Janice Rafferty, MD

**"BIOLOGICAL MESH AND
PARASTOMAL HERNIAS"**

Sponsored by Lifecell

FRIDAY, AUGUST 13, 2010

7:15 am **BREAKFAST SYMPOSIUM (Non-
CME)**

H. Randolph Bailey, MD

"POST-OP ILEUS"

Sponsored by GlaxoSmithKline

**SCIENTIFIC SESSION III - ANORECTAL/
PELVIC FLOOR**

Moderator: M. Shane McNevin, MD
(8:00 - 9:15 AM)

8:00 am **EXPERIENCES WITH A NEW FISTULA
PLUG FOR THE TREATMENT OF
COMPLEX ANORECTAL FISTULAS**
EJ McConnell, MD, Phoenix

8:15 am **HEALING RATES AFTER PLACEMENT
OF THE ANAL FISTULA PLUG AT
WALTER REED ARMY MEDICAL
CENTER: ACASE SERIES AND
REVIEW OF THE LITERATURE**
J Nelson, MD, Washington

8:30 am **MODIFIED LIGATION OF
INTERSPHINCTERIC FISTULA TRACT**
AL Bastawrous, MD, Seattle

8:45 am **HEMORRHOID MANAGEMENT
AFTER RADIATION THERAPY**
R Billingham, MD, Seattle

9:00 am **Z-PLASTY DECONSTRUCTION AND
GLUTEAL CLEFT LIFT PROCEDURE
FOR FAILED PILONIDAL SURGICAL
WOUNDS**
T Bascom, MD, Eugene

**9:15 am EUGENE SULLIVAN MEMORIAL
LECTURE**

Madhulika Varma, MD

**"MOTIVATE, STIMULATE OR OPERATE?
TREATING PELVIC FLOOR DISORDERS"**

10:00 am **REFRESHMENTS & EXHIBITS**

**SCIENTIFIC SESSION IV - OUTCOMES/
TECHNIQUE**

Moderator: Randolph Bailey, MD
(10:30 - 12:15 PM)

10:30 am **INCREASING INCIDENCE OF
COLON AND RECTAL CANCER IN
YOUNG PATIENTS IN LOS ANGELES
COUNTY**
R Menon, MD, Irvine

10:45 am **GENDER-SPECIFIC DIFFERENCES IN
PELVIC ORGAN FUNCTION AFTER
PROCTECTOMY FOR
INFLAMMATORY BOWEL DISEASE**
J Wang, MD, San Francisco

11:00 am **DEFINING MEASUREMENTS OF THE
ILEOCOLIC AND INFERIOR
MESENTERIC VESSELS BY
CONTRAST-ENHANCED CT:
IMPLICATIONS FOR VASCULAR
PEDICLE LIGATION DURING
COLECTOMY**
*JD Rea, MD, Portland

11:15 am **"EARLY" FOLEY CATHETER
REMOVAL: IS IT SAFE?
PRELIMINARY RESULTS OF A
PROSPECTIVE TRIAL**
*C Kin, MD, Palo Alto

11:30 am **VIDEO SINGLE ABDOMINAL
INCISION LAPAROSCOPIC
COLORECTAL SURGERY: OUR
INITIAL EXPERIENCE. APR CASE**
L Yee, MD, Y Chiu, MD, TP
Chung, MD, San Francisco

11:45 am **REVIEW OF LAPAROSCOPIC
SIGMOID COLECTOMY WITH
SUTURED RECTOPEXY**
B McGuinness, MD, Walnut
Creek

12:00 pm **ENHANCED RECOVERY—A NEW
QUALITY STANDARD**
D Larson, MD, Rochester

12:15 pm **INVITED LECTURER**
Sharon Stein, MD

**"AFTERMATH OF THE HAITIAN
EARTHQUAKE, FEBRUARY 2010"**

** Denotes resident presenter*